

Tennessee Rehabilitation Center



**Comprehensive rehabilitation services preparing individuals
with disabilities for employment and greater independence**

**A program of the
Tennessee Department of Human Services
Division of Rehabilitation Services
Vocational Rehabilitation**



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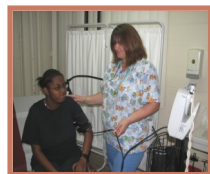
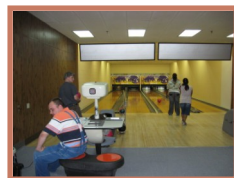
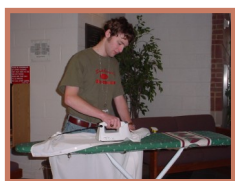
Tennessee Department of Human Services, Authorization No. 345824, October 2009, 25,000 copies. This public document was promulgated at a cost of \$0.183 per copy.

The Tennessee Rehabilitation Center is a comprehensive residential rehabilitation facility that offers specialized programs and services within a campus environment. TRC assists individuals with disabilities in achieving their goals of employment and independent living.

The TRC is located 25 miles south of Nashville in the town of Smyrna and serves clients of the Division of Rehabilitation Services from all 95 counties of the state.

Programs of service are offered in seven primary areas:

- Comprehensive Vocational Evaluation
- J.O.B.S. (Job Objectives and Behavioral Services)
- Vocational Training
- Physical Rehabilitation Services
- Traumatic Brain Injury Program (TBI)
- Vision Impairment Services (VIS)
- Transitional Living Skills Training



Comprehensive Vocational Evaluation

Students receive up to two weeks of comprehensive assessments designed to help them discover their vocational interests, strengths, and weaknesses as well as the type of jobs or training in which they could best perform.

- Career Counseling
- Aptitude and Interest
- Vocational Exploration
- Work Samples
- Assessments in
 - Vocational Training
 - Independent Living
- Assessments Based on Need
 - Psychological Consult
 - Psychiatric Consult
 - Speech Evaluation
 - Health Assessment
 - Dietary Consult
 - Occupational and Physical Therapy
- Observation of Work Habits and Behaviors



Support Services

Numerous support services are provided as needed to clients enrolled in primary program areas. These support services assist clients to achieve established goals and prepare for employment and greater independent living.

- Psychological Services
- Drivers Education
- Recreation Therapy
- Health Services
- Remedial Education
- Psychiatric Services
- Physician Services
- Residential and Independent Living
- Physical & Occupational Therapy
- Counseling & Guidance



The Tennessee Rehabilitation Center is accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF) for the following Employment Services:

Comprehensive Vocational Evaluation Services
Employee Development Services
Employment Skills Training Services

Tennessee Department of Human Services
Division of Rehabilitation Services
Tennessee Rehabilitation Center
460 Ninth Avenue
Smyrna, TN 37167
(615) 459-6811

<http://www.state.tn.us/humanserv/rehab/trc.html>

Job Objectives and Behavioral Services

J.O.B.S. is designed to provide a program of instruction within a simulated work environment. Behavior modification techniques are used to help individuals develop appropriate work behaviors to succeed in competitive employment.

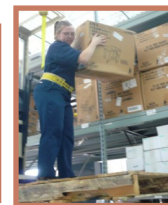
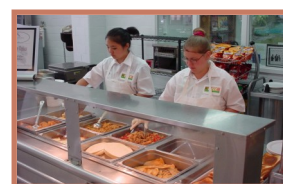
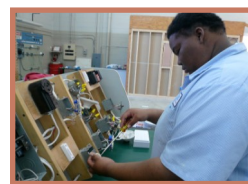


Vocational Training

Occupational skills training is provided through classroom instruction and hands-on application for specific vocational careers.

- Automotive Maintenance & Detailing
- Building Maintenance
- Groundskeeping
- Commercial Cleaning
- Business Education
- Food Service
- Warehouse

Each student completes a two to four week internship in actual job settings. Employers in the middle Tennessee area partner with the TRC to help our students gain work experience within their vocational area so they can practice skills learned.



Physical Rehabilitation Services

Multiple therapies and assessments to assist persons with mobility impairments are provided to achieve the highest level of functional ability for greater independent living and achieving career goals.

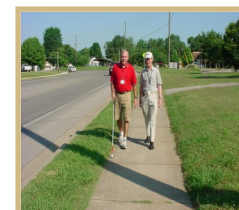
- Occupational and Physical Therapy
- Rehabilitation Nursing
- Therapeutic Recreation
- Adaptive Equipment Assessments
- Personal Care Attendant Training



Vision Impairment Services

The VIS program provides services to individuals who are visually impaired to teach and enhance independent living, use adaptive equipment, and help determine pre-vocational and career interests and abilities. Evaluation and instruction include:

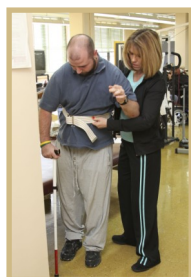
- Independent Living Skills
- College Preparation
- Assistive Technology
- Computer Training
- Self Employment
- GED Preparation
- Orientation and Mobility
- Prerequisite Skills for Entry into Tennessee Business Enterprises



Traumatic Brain Injury Program

This program assists individuals who have an acquired brain injury. TBI services are provided to help individuals achieve their highest level of functioning in order to live and work as independently as possible.

- Occupational Therapy
- Physical Therapy
- Speech/Language Therapy
- Pre-Driving Assessments
- Vocational Evaluation
- Behavioral Instruction
- Job Readiness and Instruction
- Cognitive Therapy
- Community Re-entry Training



Transitional Living Skills

Designed to prepare individuals to live as independently as possible in their home community, this training is provided in classroom and community settings. Students reside in an apartment-like residential environment on campus.

- Managing Self-care and Daily Living Skills
- Health Maintenance
- Home Management
- Financial Management
- Human Relations
- Meal Preparation
- Transportation
- Civil Rights & Advocacy
- Comparative Shopping

